



THE CENTER FOR PEDIATRIC THERAPY

Speech, Occupational, & Physical Therapy

How do I know if my infant / toddler needs occupational therapy?

- 1. Easily startled (birth to 3 months)
- 2. Poor muscle tone
- 3. Difficulty consoling self, unusually fussy
- 4. Unable to bring hands together and bang toys
- 5. Slow to roll over, creep, sit or stand
- 6. Difficulty babbling
- 7. Failure to explore environment / surroundings
- 8. Cries or becomes tense when moved through space
- 9. Frequent fisting of hands after 6 months
- 10. Difficulty tolerating a prone (on stomach) position
- 11. Dislikes baths
- 12. Difficulty playing with age appropriate toys
- 13. Resists being held, dislikes being cuddled, becomes tense when held
- 14. Sucking difficulties
- 15. Overly active, seeks excess movement
- 16. Unable to settle down, sleep difficulties

If your young child is experiencing 3 or more problems on this checklist, occupational therapy intervention may be helpful. Contact your local occupational therapist for more information at 985.449.0944.